The Autism Spectrum team at Cornwall Council have teamed up with Active Cornwall to offer a short introduction to Autism for those delivering physical activity.

The objectives of the course are:

- To increase the understanding and awareness of how young people with autism think and experience the world.
- Particular strengths and challenges for young people with autism in a sport and physical activity context.
- Knowledge of a range of strategies and techniques that will support the participation of young people with autism.
- Motivation to improve the participation of young people in leisure and sport.

To Book please visit www.activecornwall.org
Email info@activecornwall.org or Call: on 01872 323344