Calling all teachers, coaches, parents and young leaders - If you want to learn more about the game of High 5, the skills involved and how to get it up and running in your school or club, then this course is for you! We’ve got some great practical ideas and resources to take away from the course – so what’s stopping you?

High 5 is the fun, exciting way for U11s to get involved in netball. Loads of English primary schools and clubs are taking part and have seen their young players become more confident, outgoing individuals through this engaging form of the game. High 5 involves rotating positions and a variety of leadership roles to encourage maximum participation and skill development.

This three-hour practical workshop is accompanied by a DVD covering all you need to know about passing and moving, footwork and shooting. You’ll be provided with handy skills cards to use during sessions, High 5 rotation sheets, centre pass marker and score cards, and a rule book to help you and your players become more familiar with the game.

From November 2012 look out for courses running in your area or log onto www.englandnetball.co.uk/my-game/High_5 for more info.

We love High 5 and our teacher/coach makes it really fun. Help your High 5ers have just as much fun by going on the new England Netball High 5 workshop.

GET YOUR MEMBERS DISCOUNT ON THIS COURSE!

Are you a member of England Netball? If you or your school are a member you can get a discount on this course. Don't worry if you are not, did you know primary schools membership is FREE? Sign up now and you will be entitled to this discount.