

# Need to know your role in the safeguarding and protection of children?

## First-time attendee options

## Refreshers

### Safeguarding Overview

There is nothing more important than the safety and protection of children. That's why there are workshops many governing bodies of sport regard as essential for coaches prior to them going out and coaching. They will assist you in carrying out your role safely and effectively. If you haven't been on a safeguarding and protecting children workshop there are three options available to you.



Most governing bodies of sport recommend you refresh your safeguarding training at regular intervals (eg every three years)\*.

### 'Safeguarding and Protecting Children (SPC1)'

*Create a positive sports experience for young people*

SPC1 will give you the best-practice tools you need to recognise and respond appropriately to issues of safeguarding and child protection. This will increase your confidence and help you create a positive sports experience for young people.

OR

➤➤ (16-18)

### 'Safeguarding and Protecting Children (16-18)' (SPC 16-18)

*Essential guidance for young coaches*

Covers the same ground as SPC1 but the activities have been tailored specifically for 16-18-year-old coaches, in recognition of your status as both a child (by definition of the Child Protection Act) and a young coach.

OR

➤➤ (13+)

### 'Keeping Safe in Sport: Safeguarding for Young Volunteers (13+)' (SPC 13+)

*For young volunteers in sport between the ages of 13 and 17*

This workshop provides you with age-appropriate safeguarding information helping you to identify how and when you should take action and how you can keep yourself safe in sport.



To attend SPC2 you must have completed SPC1 or SPC 16-18.

### 'Safeguarding and Protecting Children 2: Reflecting on Practice (SPC2)'

*Reflect, learn and share safeguarding best practice*

If you have attended SPC1 and need to refresh your safeguarding training, this is the best workshop to attend, as it will do more than merely repeat the basic knowledge you learnt in SPC1. You'll reinforce and strengthen your understanding of safeguarding and share your thoughts with other coaches. Learn from their experiences to help you create a positive, child-centred sporting environment.



If you attend SPC 13+ you should progress onto SPC 16-18 or SPC1, but not before you turn 16.